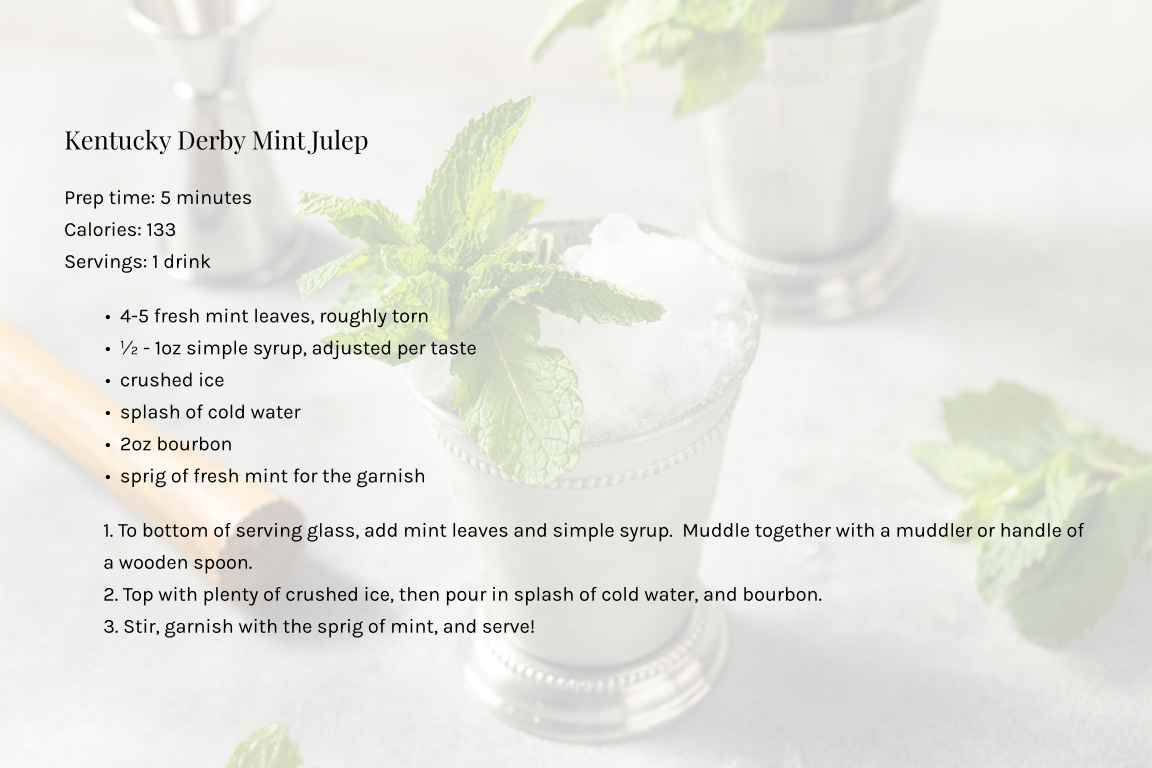


## Kentucky Derby Mint Julep



Prep time: 5 minutes

Calories: 133

Servings: 1 drink

- 4-5 fresh mint leaves, roughly torn
- ½ - 1oz simple syrup, adjusted per taste
- crushed ice
- splash of cold water
- 2oz bourbon
- sprig of fresh mint for the garnish

1. To bottom of serving glass, add mint leaves and simple syrup. Muddle together with a muddler or handle of a wooden spoon.
2. Top with plenty of crushed ice, then pour in splash of cold water, and bourbon.
3. Stir, garnish with the sprig of mint, and serve!